



Prayers and Phrases for Pause

Lord, have mercy. (from Psalm 123:3)

When I am afraid, I put my trust in you. (Psalm 56:3)

Where does my help come from? My help comes from the Lord, maker of heaven and earth. (Psalm 121:2)

But thou, O Lord, art a shield for me; my glory, and the lifter of my head. (Psalm 3:3)

Cast all your anxiety on him because he cares for you. (1 Peter 5:7)

God is our refuge and strength, an ever-present help in trouble. (Psalm 46:1)

The Lord will rejoice over you with singing. (from Zephaniah 3:17)

Lord, help me let you love me.

I desire what God desires for me.